

Summary report:
Engagement on
proposed changes to the
Whole School Approach to Food
and Nutrition programme in
Leicestershire
2023

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Acknowledgments

We would like to take this opportunity to express our gratitude and sincere thanks to everyone who has taken the time to provide their views and feedback as part of the engagement process.

Purpose of this report

This document provides a summary of the findings of targeted engagement with key stakeholders undertaken between Wednesday 4 October and Tuesday 21 November, on the proposed new offer for whole school approach to food and nutrition commissioned by Leicestershire County Council's Public Health Department.

This report reflects the findings of the formal engagement survey, information gathered on the interactive site '*social pinpoint*' and additional responses received during this period.

The Whole School Approach to Food: Food for Life programme

Background

The Whole School Approach to Food and Nutrition (WSAF&N), known locally by schools as the Food for Life (FFL) programme, was first commissioned by Leicestershire County Council in 2013 and has been running in the County for approximately 10 years. The service is provided by the Soil Association and the current contract expires on 31st May 2024.

The aim of the programme is to:

- adopt a supportive healthy food culture, from sourcing fresh sustainable food to creating opportunities for social contact through food.
- build confidence in children and their families in developing good food choices and maintaining a healthier lifestyle.
- reflect food nutrition and healthy eating in every-day life in a school setting.
- reach out beyond the school gates into the community with activities such as gardening becoming part of the school curriculum.

Current Offer

The current offer provides officer support, telephone support, online support and training to all primary schools in Leicestershire to achieve the 'Food for Life' Bronze, Silver and Gold award packages. These three awards are centred around four areas of development, which link to criteria and create an active framework for each school:

- Food quality
- Food leadership and food culture
- Food education
- Community partnerships

The current contract for the Whole School and Nutrition (WSAF&N) ends on 31st May 2024. Like many Councils, Leicestershire County Council are facing growing financial pressure alongside increasing demand, so need to look at providing services in a different way. Following a review of the service, and the financial challenges facing the Council, LCC is proposing to reduce the level of officer support provided for this programme.

Proposed offer

The proposed offer is to:

- Continue to offer the FFL programme to all primary schools in Leicestershire. The framework, content, key principles and award packages for the FFL programme will remain unchanged.
- All primary schools to have access to the online portal, telephone support and training to work towards all award levels of the FFL programme (gold, silver and bronze).
- Reduction of officer support from 1.8 FTE to 0.8 FTE. This reduction would mean targeting officer support for the bronze level award for specifically targeting the top 20 schools with higher levels of obesity using most recent (NCMP) data, prioritising the most deprived areas.
- Removal of officer support for all schools to achieve silver and gold standards.

Engagement Methods

A formal engagement exercise ran from Wednesday 4th October to Tuesday 21st November seeking views from primary schools and key stakeholders on the proposed offer. The engagement documentation detailed the proposed change and was sent directly to key stakeholders via email with a covering letter (Appendix A). In addition, reminder emails were sent to schools to encourage responses to the survey.

The documentation included:

- A Questionnaire with supporting information (Appendix B)
- A Social Pinpoint Site (Appendix C) - An interactive Social Pinpoint site was developed to encourage wider engagement from primary schools, asking about the impact of the current programme, the impact of the proposed changes and gathering wider views about food and nutrition from a school's perspective to inform the future review.
- An online information session was held with the current provider, Soil Association

This engagement did not involve parents/carers as the provision is delivered directly to schools. However, schools were encouraged to engage with their parent support groups to collate their views.

Responses to the survey were limited to one response per school as more than one response may have skewed the data and give a false representation.

The engagement was promoted through several routes including direct emails to schools, articles in the headteachers bulletin and emails to the current provider.

An email address was also provided to enable key stakeholders to ask questions about the engagement exercise if they needed to.

Overview of Responses

The questionnaire asked for people's views on:

- Awareness of the programme
- Impact of the proposal on schools
- How much of a priority the programme is for schools
- Alternative suggestions to the proposal

The table below provides information on the total number of primary schools signed up to the Food for Life programme, the awards they are currently working towards and the number of schools that responded to the survey by award status.

Primary Schools	Number of Primary Schools	Number of responses
Total number of schools in the county	231	17 schools, 20 responses (3 schools responded twice)
Number of schools signed up to programme	103	17 schools, 20 responses (3 schools responded twice)
Bronze schools	76	2
Silver schools	22	4
Gold schools	5	5
Unknown level/did not answer	N/A	6

In total, 17% (17) of schools signed up to the programme responded to the survey. Two responding schools were working towards bronze level award, four towards silver and five towards gold. Six responding schools did not know which level of award they were working towards or did not respond to the question. Three schools submitted two responses each with different answers, and therefore, a total of 20 responses were received and all valid responses have been included in the summary.

Survey question results have been reported based on those who provided a valid response, i.e. taking out the 'don't know' responses and no replies. Percentage totals may not add up

to 100% due to survey questions being optional and some respondents choosing not to answer, rounding of figures or multiple-choice questions.

In addition, feedback was received from:

- The Health and Overview Scrutiny Committee

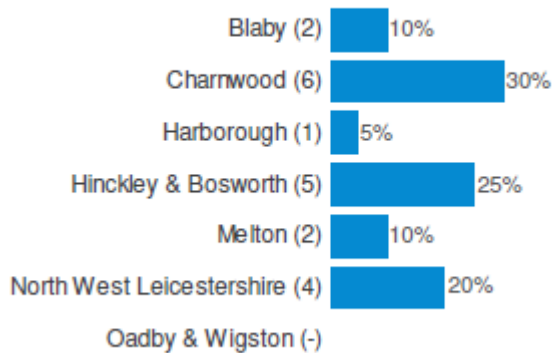
- Members of the Children and Family Partnership group
- The current provider (Soil Association)

Survey Responses

There were 20 responses from schools.

The chart below provides a breakdown of location of schools that responded to this question.

Where is your school based? Please select one option only.



Awareness of the Programme

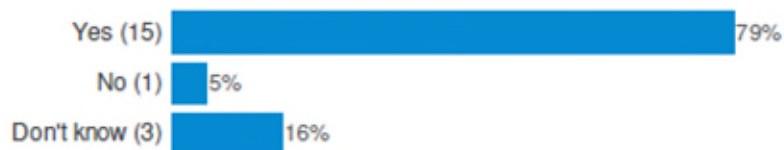
Respondents were asked if they had heard of the food for life programme. The majority of responses (19) indicated that they were aware of the programme.

Have you heard of this programme?



Respondents were asked if they had taken part in the Food for Life programme. The majority of responses 79% (15) indicated that they had, 16% (3) did not know and 5% (1) had not taken part in the programme.

Has your school taken part in this programme?

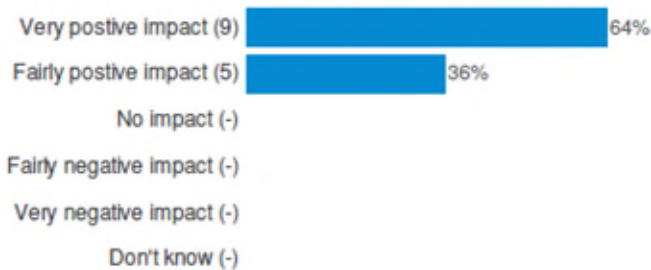


Impact of existing offer

Respondents were asked what impact working towards this award/level had on pupils, staff, the school, parents/carers and the wider community.

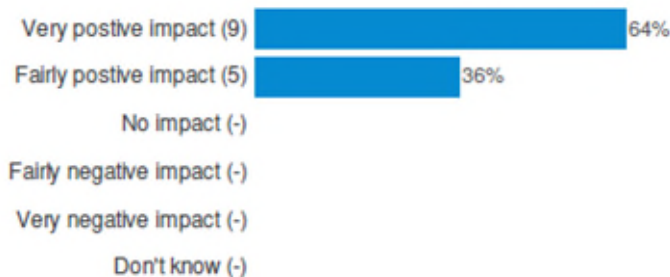
- All who responded (14) to this question indicated that working towards the award has had a positive impact on pupils and on the school as a whole
- 93% of respondents (13 schools) indicated that working towards the award has had a positive impact on school staff and parents & carers.

What impact, if at all, has working towards this award/level had on your... ? (Pupils)

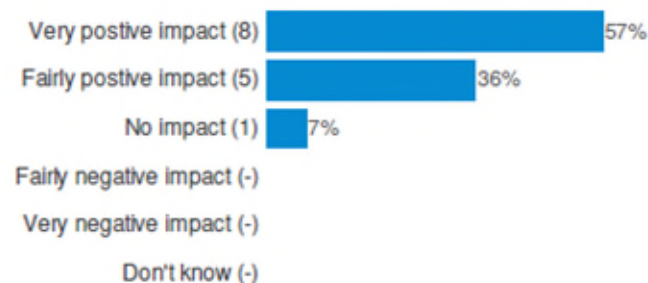


PH WSAF Survey 2023

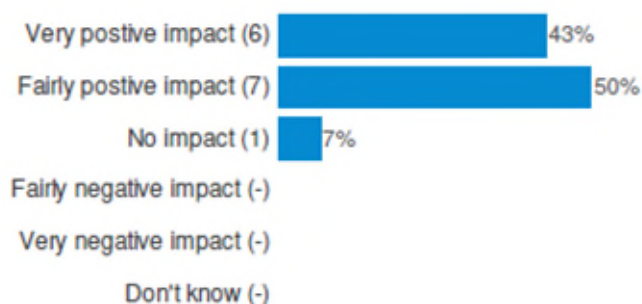
What impact, if at all, has working towards this award/level had on your... ? (School as a whole)



What impact, if at all, has working towards this award/level had on your... ? (School staff)



**What impact, if at all, has working towards this award/level had on your... ?
(Parents/carers)**



Respondents were asked 'why did you say this?' Key themes of the responses are described below:

- **Making healthier choices**
 - Seen positive changes in food choices and food brought into school by children and parents, reflected in packed lunch choices.
 - Encouraged exploration of new foods, particularly fruit and vegetables.
- **Whole curriculum approach**
 - FFL has been embedded into the curriculum
 - School lunchtimes are a calmer and nicer experience
 - FFL subject is taught in KS3 based on the FFL principles including a whole curriculum and assessment based on these areas
 - Improved concentration in lessons
 - Utilise home grown produce in cooking lessons
 - Developed lifelong learning skills
- **Training**
 - All members of school staff have benefited from FFL training
 - Parents have benefited from FFL training sessions
 - Staff have become more confident in delivering TastEd lessons
- **Parental engagement / wider community partnerships**
 - Parents chose school as it is signed up to the programme
 - Running a farm shop that sells produce to the community

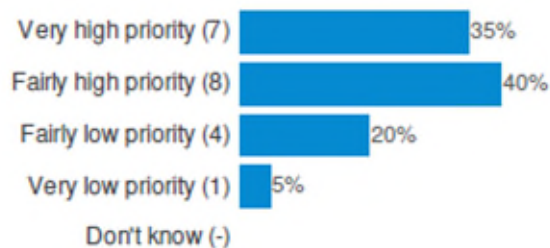
- Worked with wider farmers markets
- Enter fruit and vegetables into the community show
- Built good partnerships with parents, grandparents and the wider community (parent/carer clubs)
- Worked with the school kitchen and traded services
- Developed a community garden
- Sell produce grown in school to the wider community

How much of a priority is this for schools

Respondents were asked if the programme was a priority for the school. 75% (15) of schools responded that the FFL programme was a high priority for them. 7 of these respondents are gold and silver level schools.

Making healthy choices around food and nutrition is an important aspect of our Public Health approach to tackling obesity. Food for Life is a programme to help schools do this.

How much, if at all, is this a priority for your school?



Respondents were asked 'why did you say this?' key themes of the responses are described below:

- Wider curriculum
 - Education around food and being healthy aids learning
 - The FFL is linked to Food Waste and Food Choice campaign. Families shopping & dining are to be monitored and reviewed as a whole school intervention to identify where families make healthy choices
 - Healthier eating impacts attendance and concentration of children in school
- Making healthier choices
 - Pupil health & wellbeing is an overarching priority
 - There is a lack of control where school lunches are not cooked on site

- Childrens experience in early years often sets trends for life
- Community Partnerships
 - Encouraging families to make better food choices and being involved in growing food has had a positive impact on behaviour
- Prevention
 - Better to be proactive than reactive
 - Healthy life choices can lead to healthy adults and enhanced life prospects
 - It is important to address obesity and malnutrition in schools

Views on the proposal

Respondents were asked to what extent they agreed or disagreed with the proposal. 50% (10) responses said they agreed with the proposal while 35% (7) schools said they disagreed with the proposal and 15% (3) schools said they neither agree nor disagree with the proposal.

To what extent do you agree or disagree with this proposed change?



Respondents were asked 'why did you say this?' key themes of the responses are described below:

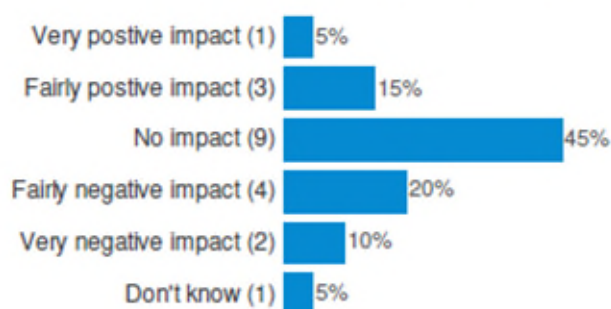
- Loss of officer Support
 - It was acknowledged that online support is becoming easier to navigate
 - The FFL programme is not a priority for some schools due to other higher priorities and it can be resource intensive
 - Loss of officer support for schools could impact the successful delivery of the FFL programme
 - With reduced levels of support schools may find it difficult to progress through the award criteria

- Moving to gold and silver awards can be much harder without officer support
- Advice, news stories and specialist knowledge may be lost
- Concerns that personal interactions with staff will be lost and this aids the effectiveness of the programme
- **Prioritising support**
 - Schools were mostly supportive of prioritising needs where there are high levels of obesity
 - It was acknowledged that higher level of education is required where levels of obesity are high.
 - However, it was stated that all children and families need the support to acquire the knowledge and understanding of the FFL
- **Making healthier choices / Community Partnerships**
 - Working with parents and children around obesity and healthy food choices is difficult without support from the FFL team/programme.

Impact of the proposal

Respondents were asked what impact the proposed change would have on the school. Most respondents 45% (9) said there would be no impact following the proposed change. 20% (4) of schools said there would be a positive impact, 30% (6) said there would be a negative impact and 5% (1) said they did not know what the impact would be.

What impact, if at all, would this proposed change have on your school?



Respondents were asked 'why did you say this?' Key themes of the responses are described below:

- **Food for life framework**
 - Concerned all the hard work put into the programme would be undone

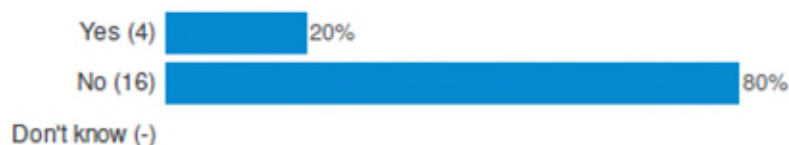
- Officer Support
 - New offer would be welcomed focusing on bronze as it is difficult to find time to progress towards the silver award
 - Lack of officer support may hinder programme progression
 - Lose much needed hands-on support for pupils and families
 - Officer support helps to motivate staff and facilitate discussion which would be lost
 - Loss of the personal touch
 - Online offer is not comparable to officer support
 - Officer support is essential to aid progression through the programme as it time consuming for schools
 - May be difficult to renew silver and gold awards without officer support – staff would need to be released to attend meetings etc. which may not be possible
- Community partnerships
 - May hinder progression of community partnerships and development of school gardens
- Training
 - Concerns that opportunities for CPD will be lost as this is usually provided by officer support
- Making healthier choices

Families that cannot afford healthy meals may suffer as their school may not be provided with the level of support they need to achieve the award.

Community partnerships

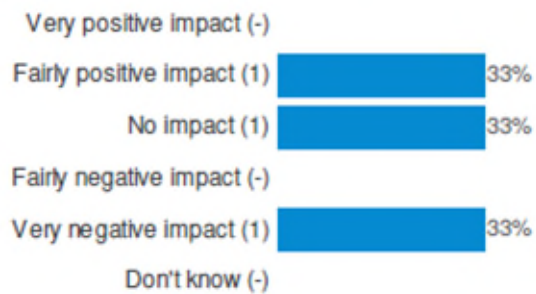
Respondents were asked if the school had a parent/carer/grandparent group that specifically helps with food growing. The majority of schools 80% (16) said they didn't have any of these groups.

Does your school have a parent/carer/grandparent group that specifically helps with growing food?



Respondents were asked what impact the proposed change would have on their parent/carer/grandparent group. Three responses were received, one said there would be a positive impact, one said there would be a negative impact and one said there would be no impact.

What impact, if at all, would this proposed change have on your parent/carer/grandparent group?



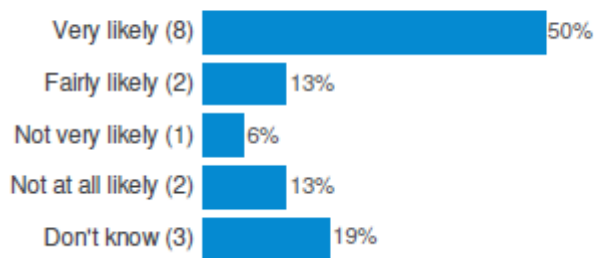
Respondents were asked 'why did you say this?' key themes of the responses are described below:

- Officer Support
 - The team supported the school with elements needed for the parent grandparent group and attended events
 - Families benefited from talking to members of staff
 - The clubs utilised resources supplied by the team

Maintaining and achieving food for life awards

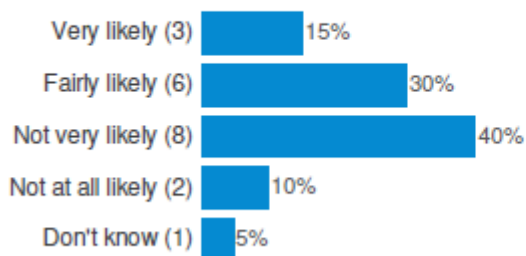
Respondents were asked how likely they were to continue achieving and maintaining the bronze level award if the offer was changed as per the proposal. 63% (10) of schools indicated they were likely to continue achieving and maintaining the bronze level award if the offer was changed. Only 19% (3) of schools indicated they were not likely to continue with the FFL programme and 19% (3) schools said they did not know.

How likely, if at all, would your school consider achieving and maintaining the following...? (the Bronze award under the new proposed offer?)



Respondents were asked how likely they were to continue achieving and maintaining the silver or gold level award without additional officer support. 45% (9) of schools indicated they were likely to continue with the FFL programme without additional officer support. 50% (10) schools indicated they would not continue without additional officer support.

How likely, if at all, would your school consider achieving and maintaining the following...? (the Silver or Gold awards without additional officer support?)



Respondents were asked 'why did you say this?' key themes of the responses are described below:

- Officer Support
 - Officer support kept the programme on track, developed targets, provided guidance and offered ideas which will be lost
 - More capacity will need to be found within schools to deliver the programme which is difficult to find
 - Officer support aids motivation
- Whole school approach to food
 - Will continue to follow the principles but will be more difficult if officer support is lost

Alternative Suggestions

Respondents were asked to provide alternative suggestions on how the FFL could be delivered. Although no alternative suggestions were provided by schools, key comments were captured below:

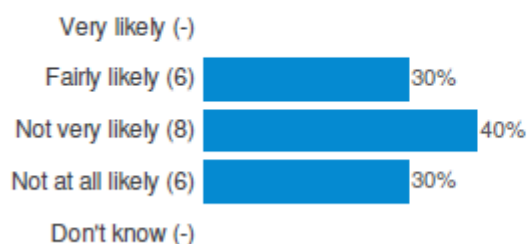
- Keeping the Food for Life model as is.
- Benefit of implementation of the Food for Life programme in different schools can be seen already.
- The online platform is welcomed
- Schools benefit from FFL officer support to get them through the journey.
- Risk that the initiative will fizzle out if the programme (and vision) is lost. Schools will not continue and there will be more pressure on services.

Other Questions

These questions are not part of the proposal, they were asked to inform the wider food and nutrition review.

Respondents were asked if they would consider paying for the FFL programme if it became chargeable. 30% (6) schools indicated they would consider paying for the service with the majority, 70% (14) of schools indicating they would not pay.

If the Food for Life programme became a service that individual schools could buy, how likely, if at all, would your school consider paying for it?



Respondents were asked 'why did you say this?' key themes of the responses are described below:

- Likely to Pay
 - Would need to see an outline of what costs would look like
- Not likely to pay
 - FFL programme not seen as a priority at a small school
 - Unlikely due to budget pressures

Respondents were asked what issues the children face at school in relation to food and nutrition. A summary of the responses is described below:

- Parents requiring support with unhealthy lunchboxes (difficult to police)
- Parents lack of understanding around healthy food choices
- Lack of parent engagement with the healthy food offer
- Due to financial pressures parents are choosing unhealthy cheaper options (usually beige processed foods) thus limiting diets
- Disadvantaged children are using foodbanks and eating fewer balanced meals often relying on the school meal as their only cooked meal
- SEND children require higher levels of guidance around healthy food choices
- School meals onsite do not look appetising and children are not keen to eat them
- Acknowledgment of the capacity of kitchen staff to cook and prepare meals
- Food waste in the kitchen
- Quality of produce provided for the 'Fruit Scheme' for Key Stage 1 can often be disappointing e.g. unripen fruit, hard fruit that is difficult for children to eat

Respondents were asked what Leicestershire County Council could do to help tackle these issues. A summary of the responses is described below:

- Keep Food for Life a free initiative
- Parental support around food and nutrition during Early Years, further support on healthy lunch boxes, investment in breakfast clubs, offer cooking classes and provide additional support for parents outside of school
- Continue to provide good quality school meals
- Reduce the cost of school meals
- Develop campaigns covering areas such as the types of food served in schools, portion sizes, quality of food and the importance of social dining etc.
- More access to locally grown fruit and vegetables for Key Stage 1 pupils.
- Organise taster days for children to try new foods.
- Be realistic about the time available for kitchen staff to cook and prepare healthy meals

Additional engagement feedback

Health and Overview Scrutiny Committee

The Health Overview and Scrutiny Committee considered the new service model as part of the engagement process. The following points were noted:

- A concern was raised that some schools would be disproportionately affected, and a suggestion was made that those schools should continue to receive targeted support.
- The importance of some elements of the programme remaining in place going forwards.

Feedback from the Children and Families Partnership group

Feedback was received by the Children and Families partnership group on 15th November 2023 which included members and partners from across the wider system, including district and borough representation. Key points noted below:

- Pleased the FFL programme isn't fundamentally changing.
- Targeted support is great but to ensure schools in most deprived areas are prioritised.
- Agreed that it is important to review the programme as part of a wider food and nutrition offer across the system.

Feedback from the Provider

An information and engagement session was held with the provider on 2nd November 2023. Key points noted below:

- Agreed it was a great opportunity to target schools to make a notable difference for those identified with high levels of obesity
- Proposal needs to remain flexible for those who are targeted for support as some schools have other priorities that may result in lack of engagement
- A school-based campaign to run beforehand to promote the FFL programme as a 'fully-funded' offer so that they are able to see it as valuable opportunity offered to a limited few.
- For schools without officer support, they can work at their own pace and access training, or telephone support as needed. Main concern is that the programme might fall down the priority list for some schools if they don't have an officer to remind them or contact schools to upload evidence to achieve an award etc.
- Possibility of creating a cluster or network amongst schools completing the award to self-manage and support each other.

Summary of feedback

The majority of respondents were generally supportive of the proposal; however, some schools (mainly gold & Silver) indicated a preference for officer support to remain in order for positive impacts of the programme to be realised.

The schools participating in the programme acknowledge the value it adds to achieving improved health outcomes for children and young people. These schools would like the programme to continue under the current offer as they believe that the loss of officer support would result in lack of engagement in the programme thus negatively impacting benefits. However, as part of the new offer schools can access support to the FFL programme by utilising a variety of channels including the online platform, telephone support and targeted schools will continue to receive officer support.

Appendix A – Letter to Primary Schools

Dear Headteacher

RE: FOOD FOR LIFE PROGRAMME

Like councils across the country, we are facing growing financial pressure alongside increasing demand. Earlier this year, Cabinet made a decision to the Medium-Term Financial Strategy (MTFS) to make savings and we now don't have the funds to deliver the service as it is.

One of our contracts affected is the Whole School Food and Nutrition Programme. This is a Leicestershire County Council (LCC) commissioned service currently delivered by The Soil Association. It is also known by schools as **the Food for Life (FFL) Programme**.

The current contract expires at the end of May 2024. We are using this as an opportunity to review the existing service to make sure it continues to meet the needs of those who require support.

Have your say on the review to the Food for Life programme

This engagement is open to primary schools only as it is a service for schools and not parents/carers. We would like you to complete the survey to have your say.

The survey can be accessed [HERE](#)

We are also offering an online platform for further engagement, known as 'social pinpoint'.

The Social pinpoint board can be accessed [HERE](#)

This is an added extra to supplement the above survey. This interactive site will enable your school to engage multiple times. You can obtain views from parents' group and enter it onto the social pinpoint on their behalf.

We are proposing a new approach to the current offer and are asking you to let us know your views on the proposal by responding to the engagement which is **now live and will run until midnight on 21st November**.

You can access the Food for Life website for the [Awards Criteria](#) which gives you a breakdown of the awards packages, bronze, silver and gold.

The current offer provides officer support at all levels, online support and training to all primary schools in Leicestershire to achieve the 'Food for Life' bronze, silver and gold award packages.

What is the new approach?

- We are proposing as a minimum that all primary schools achieve bronze level with officer support targeting top 20 schools with high levels of obesity only.
- All schools will be provided online access to the portal and training to complete the different levels independently.



PEOPLE



PROMOTE



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PROVIDE



PARTNERSHIP

Who should fill in the questionnaire?

We are particularly keen to hear from:

- Schools who decided not to take part and to understand why
- Schools who have enrolled on bronze but have decided not to continue but remain on a bronze level (with annual renewal)
- Schools who have continued onto silver and gold level to understand impact of the programme in their school and what has helped them to progress further.
- Not for parents/carers, however, you can collate the views of parents group and enter onto the social pinpoint on their behalf.

How will the engagement work?

This engagement is about the FFL programme specifically. We ask that you complete the online version of the survey, which is **limited to one response per school**. You may want to talk to staff and parent groups who are engaged in the programme to help input into your survey response.

To submit your views, please fill out the survey or access the social pinpoint board using the appropriate links above and make sure it reaches us by **midnight on the 21st November** at the latest.

Further Information responses will be confidential, and findings shared will not contain any personal identifiable data. If you have any questions or queries on this consultation, please email phconsultations@leics.gov.uk

Your views are important to us. We'll analyse the results, and a report will be presented to the council's Cabinet in the new year for a decision.

Yours sincerely

Sally Vallance
Head of Service, Public Health
Leicestershire County Council



PEOPLE



PROMOTE



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PARTNERSHIP

Have your say on the review to the Whole School Food and Nutrition programme

The Whole School Food and Nutrition Programme is a Leicestershire County Council (LCC) commissioned service. It is also known as the Food for Life Programme.

The aim of the programme is to:

- adopt a supportive healthy food culture, from sourcing fresh sustainable food to creating opportunities for social contact through food
- build confidence in children and their families in developing good food choices and maintaining a healthier lifestyle
- reflect food nutrition and healthy eating in every-day life in a school setting
- reach out beyond the school gates into the community with activities such as gardening becoming part of the school curriculum

Like councils across the country, we are facing growing financial pressure alongside increasing demand, so we need to look at providing services in a different way.

The current offer provides officer support, online support and training to all primary schools in Leicestershire to achieve the 'Food for Life' Bronze, Silver and Gold award packages. These awards are centred around four areas of development, which link to criteria and create an active framework for each school:

- Food Quality
- Food Leadership and Food Culture
- Food Education
- Community and partnerships

We are proposing to refine the offer, and as a minimum, we would like to support schools to achieve Bronze-level. The proposed offer will include:

- an online training platform for all schools
- officer support targeted to schools with high levels of obesity only (for those schools with a lower level of obesity, this may result in a reduced level of support)
- removal of officer support for all schools to achieve the gold and silver awards, however, schools can still access these and work through them independently

Thank you for your assistance. Your views are important to us.


Do not use the back button on your browser/device as you may lose your response. Use the buttons below to navigate the survey.

Your school

Q1 Where is your school based? Please select one option only.


- Blaby
 Charnwood
 Harborough
 Hinckley & Bosworth
 Melton
 North West Leicestershire
 Oadby & Wigston

Q2 Which school do you work at in Blaby? Please select one option only.




Please specify 'other' school in Blaby

Q2 Which school do you work at in Charnwood? Please select one option only.




Please specify 'other' school in Charnwood

Q2 Which school do you work at in Harborough? Please select one option only.



Please specify 'other' school in Harborough

Q2 Which school do you work at in Hinckley & Bosworth? Please select one option only.



Please specify 'other' school in Hinckley & Bosworth

Q2 Which school do you work at in Melton? Please select one option only.

--Click Here--
Other (please specify if not listed below)
List of Melton schools

Please specify 'other' school in Melton

Q2 Which school do you work at in North West Leicestershire? Please select one option only.

--Click Here--
Other (please specify if not listed below)
List of North West Leicestershire schools

Please specify 'other' school in North West Leicestershire

Q2 Which school do you work at in Oadby & Wigston? Please select one option only.

--Click Here--
Other (please specify if not listed below)
List of Oadby & Wigston schools

Please specify 'other' school in Oadby & Wigston

Your school's involvement in the programme

Q3 The Whole School Food and Nutrition programme is a contract we have with The Soil Association. You may know it as the Food for Life scheme.

Have you heard of this programme?

- Yes
 No
 Don't know

Q4 Has your school taken part in this programme?

- Yes
 No
 Don't know

Q5 What award is your school working towards/ has your school achieved?

- Foundation award
 Bronze award
 Silver award
 Gold award
 Don't know

Q6 What impact, if at all, has working towards this award/level had on your... ?

	Very positive impact	Fairly positive impact	No impact	Fairly negative impact	Very negative impact	Don't know
Pupils	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School as a whole	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parents/carers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wider community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please explain the answers you gave above

Proposed change to the programme

Our National Child Measurement Programme provides us with the data to understand the schools that have the highest levels of obesity.

In line with the current offer, we are proposing that all schools will continue to have access to the Food for Life award scheme to work towards achieving Bronze award through an online platform and provided training. However, Food for Life staff would be focused on supporting schools with highest levels of obesity.

For those schools with lower levels of obesity, this may result in a reduced level of support to achieve Bronze award. Some schools may want to go further to achieve or maintain Silver or Gold awards independently. This would be a change as schools are currently receiving support to achieve Silver and Gold award from Food of Life staff. We believe that once you have used the online portal for the Bronze award, it should be easier to do for the Silver and Gold awards.

Q7 To what extent do you agree or disagree with this proposed change?

- | | | | | | |
|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Tend to agree | Neither agree
nor disagree | Tend to disagree | Strongly
disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Why do you say this?

Q8 What impact, if at all, would this proposed change have on your school?

- | | | | | | |
|----------------------------|------------------------------|-----------------------|---------------------------|-------------------------|-----------------------|
| Very
positive
impact | Fairly
positive
impact | No impact | Fairly negative
impact | Very negative
impact | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Why do you say this?

Q9 Making healthy choices around food and nutrition is an important aspect of our Public Health approach to tackling obesity. Food for Life is a programme to help schools do this.

How much, if at all, is this a priority for your school?

Very high priority

Fairly high priority

Fairly low priority

Very low priority

Don't know

Why do you say this?

Q10 Does your school have a parent/carer/grandparent group that specifically helps with growing food?

Yes

No

Don't know

What impact, if at all, would this proposed change have on your parent/carer/grandparent group?

Very positive impact

Fairly positive impact

No impact

Fairly negative impact

Very negative impact

Don't know

Why do you say this?

Q11 How likely, if at all, would your school consider achieving and maintaining the following...?

	Very likely	Fairly likely	Not very likely	Not at all likely	Don't know
the Bronze award under the new proposed offer?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
the Silver or Gold awards without additional officer support?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Do you have any comments on the above?

Q12 Do you have any other comments or suggestions about the new proposal or the Food for Life programme?

Characters remaining: left

Future reviews

Please note that the following question is not related to the new proposal, but may inform future reviews.

Like councils across the country, we are facing growing financial pressure alongside increasing demand, so we need to look at providing services in a different way.

If this service could still be available for schools to buy from the service provider using their own funds, this would cost schools £199 + VAT for the first year and £159 + VAT per annum for subsequent years.

This would give schools access to the whole awards package with online support. Schools would need to renew on an annual basis.

Q13 **If** the Food for Life programme became a service that individual schools could buy, how likely, if at all, would your school consider paying for it?

Very likely

Fairly likely

Not very likely

Not at all likely

Don't know

Why do you say this?

We are reviewing our wider food and nutrition offer in Leicestershire and would like to gather your views to inform this.

Q14 What, if any, issues do the children at your school face in relation to food and nutrition?

Characters remaining: left

Q15 What, if anything, could Leicestershire County Council do to help you tackle these issues?

Characters remaining: left

Please click the 'Submit' button to send us your response.

Thank you for your assistance. Your views are important to us.

Data Protection: Personal data supplied on this form will be held on computer and will be used in accordance with current Data Protection Legislation. The information you provide will be used for statistical analysis, management, planning and the provision of services by the county council and its partners. The information will be held in accordance with the council's records management and retention policy.

Whole School Food and Nutrition Programme

The Whole School Food and Nutrition Programme is a Leicestershire County Council (LCC) commissioned service. This is known as the Food for Life Programme by schools. The aim of the programme is to:

- adopt a supportive healthy food culture, from sourcing fresh sustainable food to creating opportunities for social contact through food
- build confidence in children and their families in developing good food choices and maintaining a healthier lifestyle.
- reflect food nutrition and healthy eating in every-day life in a school setting
- reach out beyond the school gates into the community with activities such as gardening becoming part of the school curriculum.

Due to limited funding, we are currently reviewing the service and proposing how the programme can be delivered in a different way.

The current offer provides officer support, online support and training to all primary schools in Leicestershire to achieve the 'Food for Life' bronze, silver and gold award packages. These awards are centred around four areas of development, which link to criteria and create an active framework for each school:




- Food Quality,
- Food Leadership and Food Culture,
- Food Education
- Community and partnerships

We are proposing to refine the offer, and as a minimum, we would like Schools to achieve Bronze-level. The proposed offer will include:


- an online training platform for all schools
- officer support targeted to schools with high levels of obesity only (for those schools with a lower level of obesity, this may result in a reduced level of support.
- removal of officer support for all schools to achieve the gold and silver awards, however, schools can still access these and work through them independently.

Contact Us

If you have any questions or want to learn more about this project, or if you want to be part of a further discussion, please contact us below leaving your contact details.

-  Name Sham Mahmood
-  Phone 0116 3050705
-  Email PHConsultations@leics.gov.uk

Links

-  [Food for Life Award Packages: Bronze, Silver & Gold](#)

What alternative ideas would you suggest for the delivery of a food and nutrition programme for Leicestershire primary schools?

We would value your input on any alternative suggestions you may have that we have not considered within our proposal. (max 140 characters).

Tell us your idea

You have **140** characters left

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Postcode Required

[Moderation Policy](#)

Submit

What could be done to ensure that all Leicestershire primary schools benefit from the new proposal?

We would value your contributions and ideas on how all Leicestershire primary schools can: 1. Enrol onto and maintain the Bronze standard with either targeted support or with online training tools. 2. Progress to and maintain the Silver and Gold standards without officer support

Add Comment

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Your Comment

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